



## **Insurance Reimbursement worksheet**

Fit Acupuncture is a “fee for service” practice which means payment is due at the time of service. As an “*out-of-network*” provider we are not contracted with any insurance companies and do not bill Insurance, however if you have insurance that covers acupuncture you may still receive reimbursement for your treatment.

The questions on this worksheet can help you to understand your potential for being reimbursed for services performed at our clinic. Contact your Insurer using the toll-free number located on the back of the insurance card and select the option to speak with a customer service representative.

After your clinic visit, you will be sent a detailed receipt called a “Superbill” that contains all the information the insurer will need to reimburse your claim. Follow the directions specified by your Insurer as to their preferred method for submitting the claim either through their website or by mail.

1. What benefits are included in my insurance plan for acupuncture treatment?
2. My provider is “Out-of-network” and not contracted with any insurers, what percentage of my acupuncture treatment can be covered?
4. Do I have a deductible? How much of it has been met for the year? (*Insurance only pays once the deductible has been met*).
5. Do I need “prior-authorization” or a referral from my doctor before treatment?
6. Is there a specific form I will need to be reimbursed and where can I find the form?
7. Where should I submit the documents for reimbursement and how long will it take to be reimbursed?